







HEAVY MACHINE OPERATOR



CBT CURRICULUM

National Vocational Certificate Level 1

Version 1 - November, 2019





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1. Introduction

In order to build the capacity of technical and vocational training institutes in Pakistan through provision of demand driven competency based trainings in construction sector the NAVTTC, and TEVT Sector Support Program (TSSP) have joined hands together to develop qualifications for construction sector. These qualifications will not only build the capacity of existing workers of this sector but also support the youth to acquire skills best fit for this sector. The benefits and impact of development of these qualifications will be on both demand and supply side.

Based upon this demand of industry these competency-based qualifications for Heavy Machine Operator are developed under National Vocational Qualification Framework (NVQF) (Level 1 to 4). The qualifications mainly cover competencies along with related knowledge and professional skills which are essential for getting a job or self-employed.

The qualifications are also in line with the vision of Pakistan's National Skills Strategy (NSS), National TVET Policy and NVQF. This provides policy directions, support and an enabling environment to the public and private sectors to impart training for skills development to enhance social and economic profile. NAVTTC has approved the nomination of a Qualification Development Committee (QDC). The QDC consists of experts from the relevant industries from different geographical locations across Pakistan and academicians who were consulted during the development process to ensure input and ownership of all the stakeholders. The National Competency Standards could be used as a referral document for the development of curricula to be used by training institutions.

1.1 Purpose of the training program:

The purpose of the training is to produce skilled manpower for improving the existing capacity of the construction sector. This training will equip trainees with the required skills to operate Heavy Machines. It will enable the participants to meet the challenges in the field of construction industry. Further, to improve the skill level of the Operators and prepare them for the construction industry to meet the market competition nationally and internationally. The core purpose of this qualification is to produce employable Heavy Machine Operators who could operate Heavy Machines according to national and international standards. In addition, this qualification will prepare the youth to find employment in the construction sector.





1.2 Overall objectives of training program:

The Heavy Machine Operator qualification level 1-4 consists of theoretical and practical details required to learn operational techniques of Bulldozer, Wheel Loader, Excavator and Grader machines.

1.3 Competencies to be gained after completion of course:

The detail of the competency standards included in this qualification are given below:

National Vocational Certificate level 1, Heavy Machine Operator in (Construction Sector)

- 1. Comply with Work Health and Safety Policies
- 2. Obey the Workplace Policies and Procedures
- 3. Follow Basic Communication Skills (General)
- 4. Operate Computer Functions (General)
- 5. Identify Machine & its Attachments

1.4 Job opportunities:

Heavy Machine Operators (HMO) are in demand across the country and abroad. Their services are required for everything from road and bridge construction, bulldozing, loading and grading, to excavating and much, much more. This is a good career opportunity for a reliable and responsible individual with a strong work ethic. Heavy Machine Operators not only work on regular construction building jobs, but also on infrastructure projects (roads, bridges, canals, dams, railway lines and ports, otherwise called non-building construction), and in mining and timber operations.





1.5 Entry level of trainees:

The entry level for National Vocational Certificate level 1, in "Heavy Machine Operator" (Construction Sector) are given below:

Title	Entry requirements
National Vocational Certificate level 1, in "Heavy	Entry for assessment for this qualification is open. However, entry into formal training institutes,
Machine Operator" (Construction Sector)	based on this qualification is open.

1.6 Minimum qualification for teachers:

- > Should have completed intermediate and equivalent qualifications.
- Must be a holder of G I certificate in relevant field or DAE in Civil Technology
- Must be able to communicate effectively both orally and in written form.
- Must have at least two 2 years teaching experience.

1.7. Recommended trainer/trainee ratio

Generally, Trainer/Trainee ratio for CBT&A courses is 1:20

1.8 Medium of instruction:

English, Urdu, local language.





1.9 Duration of the course:

The proposed curriculum is composed of **05** modules that will be covered in **210** learning hours. It is proposed that the course may be delivered in **Three months** period.

The distribution of contact hours is given below:

Total - 210 hours.

Theory - 46 hours (21.9%)

Practical - 164 hours (78.1%)

1.10 Sequence of the modules

Following is the structure of the course:

NVQF Level	Module #	Title	Category	Theory (hours)	Practical (hours)	Total (hour)	Credits hours	Total Credit Hours
	Α	Comply with Work Health and Safety Policies	Generic	06	24	30	03	
	В	B Obey the Workplace Policies and Procedures	Generic	04	16	20	02	04
1	С	Follow Basic Communication Skills (General)	Generic	10	40	50	05	21
	D	Operate Computer Functions(General)	Generic	10	40	50	05	
	Е	E Identify Machine & its Attachments Technical		16	44	60	06	
			TOTAL	46	164	210	21	21
		F	Percentage.	21.90%	78.10%			





2. Overview of the Curriculum for Heavy Machine Operator:

Module Title and Aim	Learning Units	Theory Days/hours	Workplace Days/hours	Timeframe of Modules
Module A: Comply with Work Health and Safety Policies Aim: After completing this module, the learner will be able to know skills and knowledge required to apply general work health and safety requirements in the workplace. Communicate work and health safety assess at work place. It describes generic work health and safety responsibilities applicable to employees without managerial or supervisory responsibilities.	LU-1: Work safely at work place LU-2: Communicate work health and safety (WHS) assess at work place LU-3: Minimize risks to personal safety at work place LU-4: Minimize risks to public safety	06	24	30
Module B: Obey the Workplace Policies and Procedures Aim: After completing this module, the learner will be able to obey the workplace personal appearance and hygiene, follow work ethics, Demonstrate the workplace behavior, Communicate the workplace policy and procedure and review the implementation of workplace policy and procedures.	LU-1: Obey the workplace personal appearance and hygiene LU-2: Follow work ethics LU-3: Demonstrate the work place behaviours LU-4: Communicate workplace policy & procedures LU-5: Review the implementation of workplace policy & procedures	04	16	20





Module C: Follow Basic Communication Skills (General) Aim: After completing this module, the learner will be able to listen attentively, develop nonverbal communication, and identify communication barriers, interview preparation for job and different communication platforms in the workplace and throughout your career	LU-1: Adopt effective listening to skills LU-2: Develop nonverbal communication with peers LU-3: Prepare for Interview to get a job LU-4: Use communication platform at workplace LU-5: Identify communication barriers to improve interpersonal skills	10	40	50
Module D: Operate Computer Functions (General). Aim: After completing this module, the learner will be able to have skills and knowledge required to setup a computer system, organize files in folders, and shutdown a computer system.	LU1. Set up the computer for use LU2. Organize files in folder LU3. Shut down computer system	10	40	50
Module E: Identify Machines and Its attachments Aim: This competency standard covers the skills and knowledge required to Identify Machine and its sizes, identify components & attachments, identify capacities & capabilities of machine, identify basic tools and supplies associated with machine and manage inventory of tools and equipment.	LU-1: Identify machine and its sizes. LU-2: Identify components & attachments LU-3: Identify capacities & capabilities of machine LU-4: Identify basic tools and supplies associated with machines LU-5: Maintain inventory of tools and equipment.	16	44	60
	TOTAL	46	164	210

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Module-E CBT CURRICULUM

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Module E: Machine & its Attachments

Objective: This competency standard covers the skills and knowledge required to Identify Machine and its sizes, identify components & attachments, identify capacities & capabilities of Machine, Identify basic tools and supplies associated with Machine and manage inventory of tools and equipment.

Duration: 60 Hours Theory: 16 Hours Practice: 44 Hours

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials Required	Learning Place
LU1. Machine and its sizes	 Enlist name of different heavy machines Enlist crawler machines Enlist wheeled/tire machines Check specifications of crawler machines Check specifications of wheeled/tire machines 	Define Common Heavy Machines & Industry Terminologies	Theory – 04 Hrs. Practical – 12 Hrs. Total – 16 Hrs.		
LU2. Components & attachments	Enlist different componentsEnlist different attachments	Describe Heavy Machines Attachments, their Purpose and Capabilities	Theory – 04 Hrs. Practical – 16 Hrs. Total – 20 Hrs.	Attachments	
LU3. Capacities & capabilities of Machine	 Check capacity as per manufacturers specifications Check capability as per manufacturers specifications Ensure proper capacity of machine Ensure proper capability of machine 	Describe Common Heavy Machine Capabilities, Advantages & Limitations	Theory – 04 Hrs. Practical – 08 Hrs. Total – 12 Hrs.		





LU4. Basic tools and supplies associated with Machines	 Check standard tools supplied with machines Check spares/consumable materials Adopt manufacturers specifications for tools and supplies 	•	Describe basic tools, supplies & lubricants associated with Heavy Machines	Theory – 02 Hrs. Practical – 04 Hrs. Total – 06 Hrs.	Tool Kit	
LU5. Inventory of tools and equipment.	 Check number of tools and equipment as per record Report for faulty tools and equipment Generate demand for defective tools and equipment Maintain record of all tools and equipment. 	•	Describe inventory management procedure of tools & equipment	Theory – 02 Hrs. Practical – 04 Hrs. Total – 06 Hrs.	 Tool record register Periodic inspection record register 	





4. List of Tools and Equipment

(FOR A CLASS OF 25 STUDENTS)

Name of Trade		Heavy Machine Operator		
Duration of Course		Months		
Sr. #		Description	Qua	antity
1.	Steel-Toed Footw	rear,	30	
2.	Hard Hat,		30	
3.	Safety Gloves,		30	
4.	Appropriate Safet	y Glasses,	30	
5.	High Visibility Ves	st,	30	
6.	Hearing Protectio	n,	30	
7.	Breathing Appara	tus,	04	
8.	De-Electric Boots	and Gloves for Protection from Electrical Shock.	10	
9.	Fall Protection, A	nd Other Applicable PPE	30	
10.	Site Emergency F	Response Plan,	30	
11.	Fire Extinguishers	5,	04	
12.	Fire Blankets,		04	
13.	Respirators, Mask	KS,	30	
14.	Fire Hoses,		08	
15.		etchers, WHMIS Book, And Other Related Tools and Gear	04 se	ts
16.	Basic Tools, Such	n as Grease Gun, Air Pump Etc.	25 se	ts
17.	Hammer,		05 size	each
18	Screwdrivers,		05 size	each
19.	Pliers,		05 size	each
20.	Self-Locking Plier	S,	05	each





		size	
21.	Adjustable Wrench,	05	each
۷۱.		size	
22.	Assorted Other Wrenches, Measuring Tape(100m)	05	each
۷۷.		size	
23.	Basic Supplies, Such as Grease, Oil, Window Cleaner, Rags, Ice Scraper, Whisk Broom.	05 ea	ch
24.	Color-code cards, utility documentation. Logbooks Service Manuals, OHS Regulation,	10 set	ts
25.	MACHINES		
26	A. Bulldozer.	01 ea	ch
20	Attachments: - 1. Blades. 2. Ripper		
	B. Excavator (Wheel & Crawler).	01 ea	ch
27	Attachments: - 1. Buckets. 2. Grappler. 3. Coupler. 4. Thumbs. 5. Pulverize. 6. Lifter. 7. Rakes. 8.		
21	Chuck 9. Blades. 10. Ripper. 11. Forks. 12. Adapter. 13. Hammer. 14. Auger. 15.		
	Compactor. 16. Stump Harvester. 17. Driller		
	C. Motor Grader.	01 ea	ch
28	Attachments: - 1. Angle Blade. 2. Lift Group. 3. One-way Plow. 4. Snow Gate. 5. Snow Wing. 6.		
	Straight Blade, 7. UV Angle Blade. 8. V-Plow		
	D. Wheel Loader.	01 ea	ch
29	Attachments: - 1. Coupler. 2. Dozer Blade. 3. Boom Poles. 4. Bucket. 5. Fork. 6. Grappler. 7. Snow		·
	Blade, 8. Trailer Hitches. 9. Rotary Sweeper. 10. Broadcast Spreader		





5. Specification of Machines & Consumable

A. Bulldozer Specification & Consumable

S.#	Length (mm)	D50A-17	D65A-8	D85-18/D85A	D155A-1
1.	Overall Length	4765	5135	5750	6880
2.	Overall Width	2145	3970	3725	4130
3.	Overall Height	2900	3020	3395	3720
4.	Overall Op Weight	12240	15890	23510	33690
5.	Ground Clearance	315	400	400	500
6.	Track Shoes Width	460	460	560	560
7.	Grade Ability (degree)	30	30	30	30
8.	Ground Pressure (kg/cm²)	0.62	0.67	0.62	0.77
9.	Horse Power	120	165	220	320
10.	Type of Dozer	Angle	Tilt	Tilt	Tilt
11.	Fuel (LT)	250	320	450	660
12.	Engine Oil-SAE 30 (LT)	30	30	43	71
13.	Hydraulic Oil (LT)	87	108	110	164
14.	Transmission Oil (LT)	18	52	122	185
15.	Cooling Water (LT)	52	63	79	165
16.	Steering Oil (LT)	63	70	Nil	Nil
17.	Final Drive Case Oil (LT)	52 (26 each side)	62 (31 each side)	72 (36 each side)	110 (55 each side)





B. Excavator Specification & Consumable.

S#	Specification	PC 120	PC 150	PC 200
1	Bucket Capacity (m³)	0.50 m ³	0.55 m ³	0.7 m^3
2	Operating Weight (Kg)	12030 kg	14500 kg	18000 kg
3	Overall Length (mm)	7050	8350	9380
4	Overall Width (mm)	2500	2550	2740
5	Overall Height (mm)	2700	2900	2940
6	Swing Speed (rpm)	20	19.6	13
7	Travel Speed (Km/h)	3 km/h	3.2 km/h	3.5k m/h
8	Grade ability (Degree)	25 % to 30%	35%	35%
9	Ground Pressure (Kg/cm²)	0.45 Kg/cm ²	0.47 Kg/cm ²	0.47 Kg/cm ²
10	Max. Excavation (mm)	3060	5400	6550
11	Max. Stockpile (mm)	4420 mm	5530 mm	6255 mm
12	Max. Stretch (mm)	7050 mm	8440 mm	9850 mm
13	Horsepower (HP)	85.4 HP	86 HP	106 HP
14	Fuel Capacity (LT)	230 LT	280 LT	540 LT
15	Engine Oil (LT)	11 LT	24 LT	24 LT
16	Hydraulic Oil (LT)	100 LT	250 LT	250 LT
17	Swing case Oil (LT)	2.5 LT	7 LT	8 LT
18	Water (Lt)	15.7 LT	24 LT	24 LT
19	Track Chain Pulley	20 to 25 mm	20 to 25 mm	60 to 100 mm
20	Final Drive	Each side	Each side	Each side
		2.5 LTR	2.5 LTR	7.4 LTR





C. Motor Grader Specification & Consumable.

S.#	Detail	MG 200	MG 330	MG 430	GD-605-A3
1.	Heaped Blade Capacity	3.06 m ³	3.9 m ³	1.01 m ³	3.9 m ³
2.	HP (Horse Power)	115 hp	135 hp	155 hp	145 hp
3.	Op/Weight	9885 kg	10920 kg	12220 kg	12870 kg
4.	Fuel	210 ltr	230 ltr	275 ltr	250 ltr
5.	Engine Oil	12 ltr	13 ltr	13 ltr	24 ltr
6.	Hydraulic Oil	70 ltr	67 ltr	67 ltr	60 ltr R/Fel
7.	Transmission	40 ltr	23 ltr	32 ltr	30 ltr
8.	Water	21 ltr	34 ltr	46 ltr	45 ltr
9.	Tire Pressure	2.25	1.8	2.6	2.45kg
10.	Gear Oil/Final Drive	2.5 ltr	3.4 ltr	3.5 ltr	26 CTR
11.	Tandem Oil	48 ltr	73 ltr	85 ltr	72 tr 36X36





D. Wheel Loader Specification & Consumable

S#	Items	WA 450	WA 320	WA 200	966 F cat	928 F cat
1	Horsepower (HP)	237	165	110	220	120
2	Operating Weight (Kg)	19100	13450	92100	20905	11148
3	Bucket Capacity (m ³)	3.5	2.8	1.7	3.8	2
4	Grade ability (Degree)	30	35	33	35	35
5	Speed/Hour	34-38	38	37	48	45
6	Fuel (LT)	330	228	170	304	189
7	Engine Oil (LT)	32	19.5	24	28	20
8	Hydraulic Oil (LT)	230	89	83	205	100
9	Transmission Oil (LT)	61	74	35	59	30
10	Cooling Water (LT)	65	20	38	48	41
11	F/R Axle oil (LT)	120	48	34	47	50
12	Tire Pressure (Kg/cm²)	2.8	2.5	2.5	2.8	2.5





5. List of Stationary

Sr. #	Description
1.	Handbooks
2.	Design books
3.	Pencils
4.	Rubber
5.	Sharpeners
6.	Paper cutter
7.	Scissors
8.	Colours
9.	White charts
10.	Brown sheets
11.	White board markers
12.	Permanent markers
13.	File cover and files
10.	





6. Members of the Curriculum Development Committee

S#	Name	Designation	Contact No	Email	Organization
1	Mr. Malik Noor Awan	Construction Engineer/ Trained Manpower Supplier	03325559543	noorawan1971@yahoo.com	Awan Construction and Manpower Suppliers
2	Engr. Waqas Ali Shah	AM Technical Operations	03159992473	waqasshah1288@gmail.com	Behria Town
3	Engr. Zamirul Hassan Gardezi	Manager Engg. MIDJAC Construction Co. Ltd.	3008336759	zamirpak60@gmail.com	Technical Member SSC Construction Sector
4	Mr. Munir Sultan	Instructor	3335912945	munirsultan4680@gmail.com	Askari Institute of Technology, Islamabad
5	Mr. M. Farooq Raza Khan	Mechanical Instructor	03445221125	farooqrazamarwat@gmail.com	Hazza Institute of Technology, Islamabad
6	Engr. Nasir ud Din	AH/O A&D	03059539946	nasruddin51@gmail.com	CTTI Islamabad
7	Dr. Zulfiqar Ali Cheema	Deputy Director	03335159917	zulfiqar1163@gmail.com	NAVTTC
8	Engr Col. Altaf Qadar Bajwa	HOD Heavy Machinery Training Department	03328503585	aq_bajwa@hotmail.com	CTTI Islamabad
9	Engr. Inayat Rahman	Certified DACUM Expert	03339119501	me58inayat@yahoo.com	Ex-Professor TEVTA KPK

National Vocational and Technical Training Commission (NAVTTC)

- Plot 38, Kirthar Road, Sector H-9/4, Islamabad, Pakistan
- +92 51 9044 322
- ♥ +92 51 9044 322
- info@navttc.org
- www.navttc.org